

Handout 9

Jordan measure and Riemann Integration

It turns out that the notion of Jordan measurability of sets is intimately related (in a way essentially equivalent) to the notion of Riemann integrability of functions. We will only display this relation in dimension 1.

- **Recall.** To define the Riemann¹ integral of a bounded function f on an interval $[a, b] \subset \mathbb{R}$, we first recall the notion of a partition \mathcal{P} which is a set of points $x_0 = a < x_1 < x_2 < \dots < x_n = b$, the norm of the partition is $\Delta\mathcal{P} = \max_{1 \leq k \leq n} x_k - x_{k-1}$, and we denote by $\Delta x_k = x_k - x_{k-1}$. For each such partition, we define two quantities:

$$L(f, \mathcal{P}) = \sum_{k=1}^n f(x_*) \Delta x_k, \quad \text{and} \quad U(f, \mathcal{P}) = \sum_{k=1}^n f(x^*) \Delta x_k,$$

where $x_* = \inf_{[x_{k-1}, x_k]} f$ and $x^* = \sup_{[x_{k-1}, x_k]} f$.

Afterwards, we define the lower and upper Darboux integrals respectively as

$$\int_a^b f(x) dx = \sup_{\mathcal{P}} L(f, \mathcal{P}), \quad \text{and} \quad \overline{\int_a^b f(x) dx} = \inf_{\mathcal{P}} U(f, \mathcal{P}).$$

where the extrema above are taken over all partitions of the interval $[a, b]$. We say that f is Riemann integrable if the above two numbers are equal. We define the common value as the Riemann (or Darboux) integral of f .

¹Strictly speaking, we are recalling here the notion of Darboux integral, but that is equivalent to the notion of Riemann integrability that is often covered in introductory calculus classes.

- Q1)** Let $[a, b]$ be an interval and let $f : [a, b] \rightarrow \mathbb{R}$ be a bounded nonnegative function. Show that f is Riemann integrable if and only if the set $E := \{(x, t) : x \in [a, b] : 0 \leq t \leq f(x)\}$ is Jordan measurable in \mathbb{R}^2 .
- Q2)** Let $[a, b]$ be an interval and let $f : [a, b] \rightarrow \mathbb{R}$ be a bounded function. Show that f is Riemann integrable if and only if the sets $E_+ := \{(x, t) : x \in [a, b] : 0 \leq t \leq f(x)\}$ and $E_- := \{(x, t) : x \in [a, b] : f(x) \leq t \leq 0\}$ are Jordan measurable in \mathbb{R}^2 .

Remark. The above results generalize to higher dimensions.

Where we are right now?

We have thus far discussed the classical theory of Jordan measure, which went as follows

- (i) We define the notion of a box and its volume $|B|$ or $v(B)$,
- (ii) Then we defined the notion of an elementary set and its elementary measure,
- (iii) Then we defined the notion of Jordan inner and outer measure $\underline{m}_J(E)$ and $\overline{m}^J(E)$ and said that a set E is Jordan measurable if those two concepts agree.

In particular, unwinding the definition of the Jordan outer measure, we have that for any set E

$$\overline{m}_J(E) = \inf_{E \subset B_1 \cup \dots \cup B_k} |B_1| + \dots + |B_k|$$

where the infimum is taken over all finite coverings of E by boxes B_1, \dots, B_k .

- Q3)** Show that a set E is Jordan measurable if and only if for every $\epsilon > 0$ there exists an elementary set U containing E such that $\overline{m}_J(U \setminus E) < \epsilon$.

The notions of Lebesgue outer measure and Lebesgue measurability are refinements of the Jordan ones as follows:

- **Lebesgue outer measure:** We modify the notion of Jordan outer measure by replacing the finite union of boxes by a countable union of boxes, i.e.

$$m^*(E) = \inf_{E \subset \bigcup_{j=1}^{\infty} B_j} \sum_{j=1}^{\infty} |B_j|$$

where the union above is taken over boxes $B_j \subset \mathbb{R}^d$.

- Q4)** Show that the Lebesgue outer measure $m^*(E)$ is zero for any countable set E . Contrast this to fact that the Jordan outer measure of the rationals in $[0, 1]$ was equal to 1.

- **Lebesgue measurability** A set $E \subset \mathbb{R}^d$ is said to be Lebesgue measurable if for every $\epsilon > 0$, there exists an open set $U \subset \mathbb{R}^d$ containing E such that $m^*(U \setminus E) \leq \epsilon$. If E is measurable, we refer to $m(E) = m^*(E)$ as the Lebesgue measure of E .

Remarks: Note that there is no need for E to be bounded for this definition to make sense. Also, the notion of Lebesgue measurability can be seen as a (finite to countably infinite) generalization of that of Jordan measurability since it can be shown that every open set is the countable union of closed boxes.

Handout 10

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In particular, unwinding the definition of the Jordan outer measure, we have that for any set E

$$\overline{m}_J(E) = \inf_{E \subset B_1 \cup \dots \cup B_k} |B_1| + \dots + |B_k|$$

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- Q0)** Show that a set E is Jordan measurable if and only if for every $\epsilon > 0$ there exists an elementary set U containing E such that $\overline{m}_J(U \setminus E) < \epsilon$.

Lebesgue outer measure

The notions of Lebesgue outer measure and Lebesgue measurability are refinements of the Jordan ones as follows:

- **Lebesgue outer measure:** We modify the notion of Jordan outer measure by replacing the finite union of boxes by a countable union of boxes, i.e.

$$m^*(E) = \inf_{E \subset \bigcup_{j=1}^{\infty} B_j} \sum_{j=1}^{\infty} |B_j|$$

where the union above is taken over boxes $B_j \subset \mathbb{R}^d$.

- Q1)** Show that $m^*(E) \leq \bar{m}_J(E)$ where \bar{m}_J is the Jordan outer measure.
- Q2)** Show that in the definition above the countable cover by boxes in the definition of $m^*(E)$ can be restricted to closed boxes or open boxes.
- Q3)** Show that the Lebesgue outer measure $m^*(E)$ is zero for any countable set E . Contrast this to fact that the Jordan outer measure of the rationals in $[0, 1]$ was equal to 1.

- **Lebesgue measurability** A set $E \subset \mathbb{R}^d$ is said to be Lebesgue measurable if for every $\epsilon > 0$, there exists an open set $U \subset \mathbb{R}^d$ containing E such that $m^*(U \setminus E) \leq \epsilon$. If E is measurable, we refer to $m(E) = m^*(E)$ as the Lebesgue measure of E .

Remarks:

- (i) Note that there is no need for E to be bounded for this definition to make sense.
 - (ii) The notion of Lebesgue measurability can be seen as a (finite to countably infinite) generalization of that of Jordan measurability since it can be shown that every open set is the countable union of closed boxes.
- Q4)** Show that $m^*(\emptyset) = 0$.
 - Q5)** (Monotonicity) Show that if $E \subset F \subset \mathbb{R}^d$, then $m^*(E) \leq m^*(F)$.
 - Q6)** (Countable subadditivity) If $E_1, E_2, \dots \subset \mathbb{R}^d$ is a countable sequence of sets, then $m^*(\cup_{n=1}^{\infty} E_n) \leq \sum_{n=1}^{\infty} m^*(E_n)$.

MATH 395 Notes

Faye Jackson

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Exercise 0. Show that a set E is Jordan measurable if and only if for every $\varepsilon > 0$ there exists an elementary set U containing E such that $\overline{m}_J(U \setminus E) < \varepsilon$.

Proof. **TODO**



Exercise 1. Show that $m^*(E) \leq \overline{m}_J(E)$ where \overline{m}_J is the Jordan outer measure

Proof. Fix some elementary set A which contains E and write it as the disjoint union of a finite collection of boxes B_1, \dots, B_n that cover E . Then note that:

$$m^*(E) = \inf_{E \subseteq \bigcup_{j=1}^{\infty} C_j} \sum_{j=1}^{\infty} |C_j| \leq \sum_{j=1}^n |B_j| = m(A)$$

And so taking the infimum over all elementary sets A containing E we obtain:

$$m^*(E) \leq \overline{m}_J(E)$$

Just as desired.



Exercise 2. Show that in the definition above the countable cover by boxes in the definition of $m^*(E)$ can be restricted to closed boxes or open boxes

Proof. We deal with closed boxes first. Consider the sets:

$$\begin{aligned} S &= \left\{ \sum_{j=1}^{\infty} |B_j| \mid E \subseteq \bigcup_{j=1}^{\infty} B_j \right\} \\ S_c &= \left\{ \sum_{j=1}^{\infty} |B_j| \mid E \subseteq \bigcup_{j=1}^{\infty} B_j, B_j \text{ closed} \right\} \\ S_o &= \left\{ \sum_{j=1}^{\infty} |B_j| \mid E \subseteq \bigcup_{j=1}^{\infty} B_j, B_j \text{ open} \right\} \end{aligned}$$

We know that $m^*(E) = \inf S$ and we wish to show that $\inf S = \inf S_c = \inf S_o$. Now note that of course $S_o, S_c \subseteq S$, and so $\inf S \leq \inf S_c, \inf S_o$, therefore it only remains to show that $\inf S \geq \inf S_c, \inf S_o$.

To do so, by definition of greatest lower bound, it suffices to show that $\inf S_c$ and $\inf S_o$ are both lower bounds for S . We handle each of these:

- Take some countable collection of boxes B_1, B_2, \dots such that their union contains E , giving us an element $\sum |B_j|$ of S . Then we may consider the collection of their closures $\overline{B}_1, \overline{B}_2, \dots$. Since $B_j \subseteq \overline{B}_j$ we know that the union of all these contains E . So then $\sum |\overline{B}_j| \in S_c$. But then we are in a great spot! We know $|\overline{B}_j| = |B_j|$. So then we may write:

$$\inf S_c \leq \sum_{j=1}^{\infty} |\overline{B}_j| \leq \sum_{j=1}^{\infty} |B_j|$$

And so $\inf S_c$ is a lower bound for S , and so $\inf S_c \leq \inf S$ as desired.

- Take some countable collection of boxes B_1, B_2, \dots whose union contains E , giving us an element $\sum |B_j|$ of S . We will show for any $\varepsilon > 0$ that:

$$\inf S_o \leq \varepsilon + \sum_{j=1}^{\infty} |B_j|$$

And so taking $\varepsilon \rightarrow 0$ we see that $\inf S_o$ is a lower bound for S and so $\inf S_o \leq \inf S$ as desired.

Fix some such $\varepsilon > 0$, and consider the open box C_j obtained from B_j by dilating B_j so that $|C_j| \leq |B_j| + \frac{\varepsilon}{2^j}$ and $B_j \subseteq C_j$. Then $\sum C_j$ lies in S_o since

the union of all the C_j contains E . But then:

$$\inf S_o \leq \sum_{j=1}^{\infty} |C_j| \leq \sum_{j=1}^{\infty} \frac{\varepsilon}{2^j} + \sum_{j=1}^{\infty} |B_j| = \varepsilon + \sum_{j=1}^{\infty} |B_j|$$

Taking $\varepsilon \rightarrow 0$ we see that $\inf S_o \leq \sum |B_j|$, and so $\inf S_o$ is a lower bound for S , giving us that $\inf S_o \leq \inf S$ as desired.

With this we are done! $m^*(E) = \inf S = \inf S_o = \inf S_c$. Great!



Exercise 3. Show that the Lebesgue outer measure $m^*(E)$ is zero for any countable set E . Contrast this to the fact that the Jordan outer measure of the rationals in $[0, 1]$ was equal to 1

Proof. Let E be a countable set. Then consider that:

$$E \subseteq \bigcup_{x \in E} \{x\}$$

exhibits E as a countable union of boxes, all of measure zero. Therefore:

$$0 \leq m^*(E) \leq \sum_{x \in E} |\{x\}| = 0$$

Showing us that $m^*(E) = 0$.

Let's look for another way of doing this! Write E as x_1, x_2, \dots . We will allow repeats here, and if E is empty just repeat $x_n = 0$. Fix $\varepsilon > 0$ and then take the box whose volume is $\frac{\varepsilon}{2^j}$ around every point $x_j = (x_{j1}, \dots, x_{jd})$. In other words:

$$\begin{aligned} B_j &= \prod_{k=1}^d \left[x_{jk} - \frac{\sqrt[d]{\varepsilon}}{2\sqrt[d]{2^j}}, x_{jk} + \frac{\sqrt[d]{\varepsilon}}{2\sqrt[d]{2^j}} \right] \\ |B_j| &= \prod_{k=1}^d \frac{\sqrt[d]{\varepsilon}}{\sqrt[d]{2^j}} = \frac{\varepsilon}{2^j} \\ \sum_{j=1}^{\infty} |B_j| &= \sum_{j=1}^{\infty} \frac{\varepsilon}{2^j} = \varepsilon \end{aligned}$$

Great! Since $E \subseteq \bigcup_{j=1}^{\infty} B_j$ this means that:

$$0 \leq m^*(E) \leq \sum_{j=1}^{\infty} |B_j| = \varepsilon$$

Now taking $\varepsilon \rightarrow 0$ we get $m^*(E) = 0$.



Exercise 4. Show that $m^*(\emptyset) = 0$.

Proof. Note that \emptyset is a countable set, so this follows easily from Q3



Exercise 5. Show that if $E \subseteq F \subseteq \mathbb{R}^d$ then $m^*(E) \leq m^*(F)$.

Proof. We will show that $m^*(E)$ is a lower bound for the set defining $m^*(F)$, and so by definition of infimum we have $m^*(E) \leq m^*(F)$.

Fix some countable collection of boxes B_1, B_2, \dots containing F , then in particular they contain E since F contains E , and so by definition of infimum:

$$m^*(E) \leq \sum_{j=1}^{\infty} |B_j|$$

Taking the infimum on the right hand side we get:

$$m^*(E) \leq m^*(F)$$

Great! This is exactly what we want!



Exercise 6. If $E_1, E_2, \dots \subseteq \mathbb{R}^d$ is a countable sequence of sets, then:

$$m^*\left(\bigcup_{n=1}^{\infty} E_n\right) \leq \sum_{n=1}^{\infty} m^*(E_n)$$

Great!

Proof. Fix some $\varepsilon > 0$, we will show that:

$$m^*\left(\bigcup_{n=1}^{\infty} E_n\right) \leq \varepsilon + \sum_{n=1}^{\infty} m^*(E_n)$$

and so by taking $\varepsilon \rightarrow 0$ we will obtain the result. Take $E = \bigcup_{n=1}^{\infty} E_n$ for convenience.

Consider some E_n , then by definition of infimum and the fact that $\frac{\varepsilon}{2^n} > 0$ there is some countable collection of boxes B_{n1}, B_{n2}, \dots containing E_n such that:

$$m^*(E_n) \leq \sum_{j=1}^{\infty} |B_{nj}| \leq m^*(E_n) + \frac{\varepsilon}{2^n}$$

We can then sum over all E_n to get:

$$\sum_{n=1}^{\infty} \sum_{j=1}^{\infty} |B_{nj}| \leq \sum_{n=1}^{\infty} m^*(E_n) + \sum_{n=1}^{\infty} \frac{\varepsilon}{2^n} = \varepsilon + \sum_{n=1}^{\infty} m^*(E_n)$$

And so now consider the countable collection of all the $\{B_{nj}\}$. This will be countable by 295, and also it will cover E , since for every $x \in E$ we know $x \in E_n$ for some n and then by construction $x \in B_{nj}$ for some j . But then by definition of infimum:

$$m^*(E) \leq \sum_{n=1}^{\infty} \sum_{j=1}^{\infty} |B_{nj}| \leq \varepsilon + \sum_{n=1}^{\infty} m^*(E_n)$$

Since $\varepsilon > 0$ was chosen to be arbitrary, we can take $\varepsilon \rightarrow 0$ and we see that:

$$m^*\left(\bigcup_{n=1}^{\infty} E_n\right) = m^*(E) \leq \sum_{n=1}^{\infty} m^*(E_n)$$

Great! This is the desired result ☺.

